

Get On Down

Choreographed by: Rob Fowler (Feb 10)

Music: Now You Know by Miss Eighty 6

Descriptions: 32 count - 4 wall - Beginner level line dance

Alternative: Music: On Fire By: Lloyd Banks

Walk, Walk, Kick Ball Step, $\frac{1}{4}$ Turn Right Knee Roll, Left Knee Roll, Sailor $\frac{1}{4}$ Turn

- 1,2 Walk forward right foot, walk forward left foot
3&4 Kick right foot forward, step right next to left, step forward onto left
5,6 $\frac{1}{4}$ turn to right rolling right knee clockwise, roll left knee anti clockwise
7&8 Step right foot behind left, step left slightly to left side, $\frac{1}{4}$ turn right long step forward onto right foot.

Dip $\frac{1}{4}$ Turn Right, $\frac{1}{2}$ Turn Right Stepping Right To Right Side, Left Kick And Cross, Syncopated Monterey Turn

- 1,2 $\frac{1}{4}$ turn to right stepping left next to right bending both knees, $\frac{1}{2}$ turn right on ball of left foot stepping right to right side
3&4 Kick left foot across right foot, step down onto left foot, touch right to right side
5&6 Full turn right stepping right next to left, rock left to left side, rock right to right side
7&8& Cross left foot over right foot, Rock right foot to right side, $\frac{1}{4}$ turn to left stepping onto left foot, $\frac{1}{4}$ turn to left stepping right to right side

Together Sweep, Cross, Side, Behind $\frac{1}{4}$ Step, Step $\frac{1}{2}$ Pivot Turn Left, Brush Out Out

- 1,2 Step left next to right foot as you sweep right foot across left foot (this is done in 1 count), step down onto right foot
3&4 Step left to left side, cross right behind left, $\frac{1}{4}$ turn to left stepping forward onto left foot
5,6 Step forward onto right foot, $\frac{1}{2}$ pivot turning left
7&8& Brush right foot forward, step right out to right side, step left out to left side, and step right next to left

Left Cross, Right Side, Left Sailor $\frac{1}{4}$ Turn, $\frac{1}{4}$ Turn Hitch, Hip Bumps With $\frac{1}{4}$ Turn, Coaster Step

- 1,2 Cross left over right foot, step right to right side
3&4& Step left behind right foot, step right slightly to right side, $\frac{1}{4}$ turn to left stepping on left foot forward, $\frac{1}{4}$ turn to left hitching right knee
5&6 Step right foot to right side bumping hip to the right, bump hip to left, $\frac{1}{4}$ turn to left pushing right hip back
7&8 Step back onto left, step right next to left, step forward onto left
End of Dance