

Mama Take Me Home

Choreographed by Moa Bäckström

Description: 32 count, 4 wall, beginner/intermediate line dance

Musikken: **Mama Take Me Home** by The Rednex

Start dancing on lyrics

STEP, STEP, ANCHOR STEP, STEP FORWARD, TURN ½, COASTER STEP

- 1-2 Step right forward, step left forward
- 3&4 Rock right back, rock left forward, step right back
- 5-6 Step left forward, right foot step back and turn ½ to left
- 7&8 Step left back, step right back, step left forward

ROCK, CROSS SHUFFLE, ¼ TURN, ½ TURN, STEP CLAP, CLAP

- 1-2 Right foot rock to right and back to left foot
- 3&4 Cross right over leftover left foot, step left to side, cross right over left
- 5-6 Left foot step back and turn ¼ to right, step right forward and turn ½ to right
- 7&8 Step left together with right foot and make to clap on &8

STEP TO THE DIAGONAL TWICE, POINT FORWARD, STEP BACK, STEP BACK, BACK, COASTER STEP

- 1-2 Step right diagonally forward, step left forward to right diagonal
- 3-4 Right foot point forward, step right back
- 5-6 Step left back, step right back
- 7&8 Step left back, step right back, step left forward

MONTEREY TURN TWICE

- 1-2 Touch right right toe to right side, with weight on left foot make ½ turn right and step right beside left foot
- 3-4 Touch left to side, step left together
- 5-6 Touch right right toe to right side, with weight on left foot make ½ turn right and step right beside left foot
- 7-8 Touch left to side, step left together

REPEAT

TAG

After the 7th wall standing at 9:00

ROCK AND CROSS, FLICK TURN ¼

- 1&2 Right foot rock to right, recover to left, cross right over leftover left foot
- 3&4 Left foot flick back, turn ¼ to right, step left forward

Start all over at 12:00

Winner of Norwegian Country Western Dance Championship 2006