

# MR POSTMAN

Choreographed by: Jeanette Karlsson, Sweden (Dec 09)  
 Music: **Please Mr Postman** by **The Carpenters**  
 Descriptions: 32 count - 4 wall - Beginner level line dance

Starts after 16 counts intro

- Sec 1 Chasse Right, Back Rock, Chasse Left, Back Rock**
- 1&2 Step right to right side. Close left beside right. Step right to right side.  
 3-4 Rock back on left. Rock forward onto right.  
 5&6 Step left to left side. Close right beside left. Step left to left side.  
 7-8 Rock back on right. Rock forward onto left.
- Sec 2 Step Touch X2, "V Step"**
- 1-2 Step right to right side. Touch left beside right.  
 3-4 Step left to left side. Touch right beside left.  
 5-6 Step forward and out on right. Step forward and out on left.  
 7-8 Step back on right. Close left to right.
- Sec 3 Rock Forward, 1/2 Turn Shuffle Back, 1/4 Turn Right, Cross Shuffle**
- 1-2 Rock forward on right. Rock back onto left.  
 3&4 Shuffle half turn right by stepping right-left-right (**facing 6 o'clock**).  
 5-6 Step forward on left foot, make a 1/4 turn to right (**facing 9 o'clock**).  
 7&8 Cross left foot in front of right, step right to right side, cross left in front of right.
- Sec 4 Right Scissor Step, Hold, Left Scissor Step, Hold**
- 1-2 Step right to right side. Step left beside right.  
 3-4 Step right across front of left. Hold (clap).  
 5-6 Step left to left side. Step right beside left.  
 7-8 Step left across front of right. Hold (clap).

