

Shake Up The Party

32 count, 4 wall, intermediate level

Choreographer: Roy Verdonk & Wil Bos (NL)

March 2006

Choreographed to: Shake Up The Party by Glennis Grace, CD: My Impossible Dream (126 bpm)

Start: After 40 Counts (On Heavy Beat)

- 1 - 8 Chassé, Rock Recover, Step, Tap With Hip Bumps, Close & Cross 1/4 Turn Left**
- 1&2 Step right to right side, close left beside right, step right to right side
- 3-4 Rock back on left, recover onto right
- 5-6 Step left to left side, tap left heel (bump left hip)
- &7-8 Close left beside right, cross right in front of left, ¼ turn left step forward (9:00)
-
- 9-16 Full Paddle Turn, Syncopated Jazz box**
- 1 ¼ turn left on ball of left foot and touch right toe to the right (06:00)
- 2 ¼ turn left on ball of left foot and touch right toe to the right (03:00)
- 3 ¼ turn left on ball of left foot and touch right toe to the right (12:00)
- 4 ¼ turn left on ball of left foot and touch right toe to the right (09:00)
- 5&6 Cross right in front of left, step left behind (&), step right to right side
- 7-8 Cross left in front of right, step right to right side
-
- 17-24 Bend Right Knee And Lean to the Right, Shoulder Pops, Cross Behind, Side, Cross, Step, Hold & Clap, Close, Step, Hold & Clap**
- 1&2 Bend knee and lean to the right, right shoulder pop
- &3&4 Recover on left (&), Cross right behind left, step left to left side (&), cross right in front of left
- 5-6 Step left to left side, hold & clap
- &7-8 Close right next to left (&), step left to left side, hold & clap
-
- 25-32 Sailor Half Turn Right, Touch, Hip Bumps, Coaster step, Kick Ball Cross**
- 1&2 Cross right behind left turning ¼ right, step left in place, step right ¼ turn right and slightly forward
- 3&4 Touch left toe in front and push hip forward, push hip back, push hip forward (weight stays right)
- 5&6 Step back on left, step right next to left, step left forward
- 7&8 Kick right forward to right diagonal, step on ball right (&), cross left in front of right
-