

Shiftwork

Choreographed by [Helen Born & Nita Lindley](#)

Description: 32 count, 4 wall, beginner social cha line dance

Musikken: **Shiftwork** by Kenny Chesney & George Strait [130 bpm / CD: Just Who I Am: Poets & Pirates / Available on iTunes



ROCK RIGHT & LEFT, TRIPLE STEPS

1-2-3&4Rock right behind left, recover left, triple in place right, left, right

5-6-7&8Rock left behind right, recover right, triple in place left, right, left

FORWARD ROCK, BACK ROCK, TRIPLES IN PLACE

1-2-3&4Rock forward right, recover left, triple in place right, left right

5-6-7&8Rock back left, recover right, triple in place left, right, left

RIGHT & LEFT LOCK STEPS, SHUFFLES FORWARD

1-2-3&4Step right forward, lock left behind right, forward shuffle right, left, right

5-6-7&8Step left forward, lock right behind left, forward shuffle left, right, left

PIVOT ½ LEFT SHUFFLE, PIVOT ¼ RIGHT TRIPLE IN PLACE

1-2-3&4Step right forward, pivot ½ left, shuffle forward right, left, right

5-6-7&8Step left forward, pivot ¼ right, triple in place left, right left

REPEAT

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