

Official WCDF competition dance description 2010

Shoop

Swing Kings

(Roy V., Ray S., Darren B., Pim v. G. & Dani T.)

Type : 32 Count, 4 Wall Linedance
Level : Social
Music : "Shoop" by Salt-n-Pepa (BPM 97)

SCUFF, HITCH, STEP, SCUFF, HITCH, STEP, CROSS, ¼ TURN STEP BACK,

WEAVE

1 RF scuff heel forward
& RF hitch knee up
2 RF step side right
3 LF scuff heel forward
& LF hitch knee up
4 LF step side left
5 RF cross over LF
& LF ¼ turn right step back (3.00)
6 RF step side right
& LF cross over RF
7 RF step side right
& LF cross behind RF
8 RF step side right
& LF cross over RF

STEP SLIDE, ¼ TURN SAILOR STEP, HEEL TOUCHES X4, &

9 RF big step side right
10 LF slide towards RF
11 LF ¼ turn left cross behind RF (12.00)
& RF step side right
12 LF step slightly side left and forward
13 RF touch heel forward
& RF step next to LF
14 LF touch heel forward
& LF step next to RF
15 RF touch heel forward
& RF step next to LF
16 LF touch heel forward
& LF step next to RF

CROSS & HEEL & CROSS ¼ TURN, ¼ TURN, ROCK & ¼ TURN, LOCK STEP

17 RF cross over LF
& LF step side left
18 RF touch heel forward to right diagonal
& RF step down
19 LF cross over RF
& RF ¼ turn left step back
20 LF ¼ turn left step side left (6.00)
21 RF cross rock over LF
& LF recover
22 RF ¼ turn right step forward (9.00)
23 LF step forward
& RF lock behind LF
24 LF step forward

HEEL KICK, HEEL FLICK ½ TURN, HEEL KICK, COASTER STEP, STEP, LOCK, STEP, STEP, LOCK, STEP, STEP

25 RF kick heel forward
& RF ½ turn left flick heel back
26 RF kick heel forward (3.00)
27 RF step back
& LF step next to RF
28 RF step forward
29 LF step diagonally forward left
& RF lock behind LF
30 LF step diagonally forward left
& RF step diagonally forward right
31 LF lock behind RF
& RF step diagonally forward right
32 LF step forward