

Soria Moria

Choreographed by Kathrine Strand Hammond, Norway, for “Soria Moria Dancing” in Oslo. (Urban Cowboy Festival 2004)

Level: Very Easy Beginner, 32 counts, 2 walls

Music: “Redneck Woman” Gretchen Wilson

Type:”Funky Two Step Party Dance!”

Heel strut, Heel strut, Step out, Hold, Step out, Hold

1-2 R heel forw, Step down on R foot

3-4 L heel forw, Step down on L foot

5-6 Step out/forw on R, Hold

7-8 Step out/forw on L, Hold

Roll knee/hip, Hold, Roll knee/hip, Hold, Step forw, Hold, ½ Turn, Hold

1-2 Roll R knee/hip R, Hold

3-4 Roll L knee/hip, Hold

5-6 Step R foot forw, Hold

7-8 ½ turn L/Step down on L foot, Hold

Heel, Hook, Heel, Flick, Step forw, Hold, Step forw, Hold

1-2 R heel forw, Hook R in front of L ankle

3-4 R heel forw, Flick R back/to R side

5-6 Step forw on R foot, Hold

7-8 Step forw on L foot, Hold

Point (or rock), Hold, Step forw, Hold, Point (or rock), Hold, Step forw, Hold

1-2 Point (or step) R foot to R side, Hold (or recover on L)

3-4 Step R foot forw/in front of L, Hold

5-6 Point (or step) L foot to L side, Hold (or recover on R)

7-8 Step L foot forw/in front of R, Hold

New wall; start over!

If questions or comments:

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