

This & That

Choreographed by: Gary Lafferty (Apr 09)

Music: **Woman** by **Mark Chesnutt** (CD: Rollin' With The Flow [140bpm])

Descriptions: 32 count - 4 wall – Beginner level line dance

[Intro: 16-count intro](#)

Floor Splits: “One Step Forward”

Step Right, Touch, Step Left, Touch; Side, Together, Forward, Touch

01.02.2010 Step to Right on Right foot , touch Left foot beside Right

03.04.2010 Step to Left on Left foot , touch Right foot beside Left

05.06.2010 Step to Right on Right foot , step on Left foot beside Right

07.08.2010 Step forward on Right foot , touch Left foot beside Right

Step Left, Touch, Step Right, Touch; Side, Together, Back, Flick

01.02.2010 Step to Left on Left foot , touch Right foot beside Left

03.04.2010 Step to Right on Right foot , touch Left foot beside Right

05.06.2010 Step to Left on Left foot , step on Right foot beside Left

07.08.2010 Step back on Left foot , flick Right foot forward

Right Coaster Step, Brush; Left Step-Lock-Step, Brush

01.02.2010 Step back on Right foot , step on Left foot beside Right

03.04.2010 Step forward on Right foot , brush Left foot forward

05.06.2010 Step forward on Left foot , lock-step Right foot behind Left

07.08.2010 Step forward on Left foot , brush Right foot forward

Jazzbox With ¼ Turn To Right; Extended Weave

01.02.2010 Cross-step Right foot over Left , step back on Left foot

03.04.2010 Turn ¼ Right stepping forward onto Right foot , cross-step Left foot over Right

05.06.2010 Step to Right on Right foot , cross-step Left foot behind Right

07.08.2010 Step to Right on Right foot , cross-step Left foot over Right