

Bosa Nova

Choreographed by Phil Dennington

Description: 64 count, 4 wall, intermediate rumba line dance

(You could put syncopation in & call it a 32 count dance – Same difference)

Music: Blame It On The Bossa Nova by Jane McDonald

Start 16 Counts (7 seconds into track)

SIDE TOGETHER SIDE TOUCH, SIDE TOGETHER SIDE KICK

1-2 Step left to left, step right beside left

3-4 Step left to left, touch right beside left

5-6 Step right to right, step left beside right

7-8 Step right to right, kick left out to left (diagonally)

SIDE CROSS SIDE KICK, BEHIND SIDE CROSS HOLD

1-2 Step down on left, cross step right over left

3-4 Step left to left, kick right out to right (diagonally)

5-6 Cross step right behind left, step left to left

7-8 Cross step right over left, hold

MAMBO BOX

1-2 Step left to left, step right beside left

3-4 Step forward left, hold

5-6 Step right to right, step left beside right

7-8 Step back right, hold

SIDE TOGETHER SIDE HOLD, SAILOR STEP HOLD

1-2 Step left to left, step right beside left

3-4 Step left to left, hold

5-6 Turning ¼ right step back right, step in place left

7-8 Step forward right, hold

LEFT FORWARD LOCK STEP HOLD, RIGHT FORWARD LOCK STEP HOLD

1-2 Step forward left, lock right behind left

3-4 Step forward left, hold

5-6 Step forward right, lock left behind right

7-8 Step forward right, hold

FORWARD MAMBO HOLD, BACK COASTER STEP HOLD

1-2 Rock forward left, recover in place right

3-4 Step left beside right, hold

5-6 Step back right, step left beside right

7-8 Step forward right, hold

STEP TURN STEP HOLD, FULL TURN LEFT HOLD

1-2 Step forward left, pivot ½ right

3-4 Step forward left, hold

5-6 Turning ½ left step back right, turning ½ left step forward left

7-8 Step forward right, hold

WALK HOLD x3, STOMP HOLD

1-2 Walk forward left, hold

3-4 Walk forward right, hold

5-6 Walk forward left, hold

7-8 Stomp right beside left (taking weight), hold

REPEAT