

Mistletoe

Choreographed by: Arild & Lise, Norway 6th December 2004 (<http://arild.lekanger.com>)

Description: 32 Count - 4 Wall - Beginner

Music: Hangin' 'Round The Mistletoe by Brooks & Dunn

(CD: It Won't Be Christmas Without You)

Toe, Heel, Cross, Heel Grind, Rock Step, Shuffle Right with 1/4 turn left

- 1-2 Touch right toe to left instep, Touch right heel diagonal forward.
3-4 Step across (in front of) left onto right heel - toe should be pointed at 45 degrees to left,
Step left foot to left while keeping weight on right heel - right toe is now pointing 45 degrees to right.
5-6 Rock back on right foot, Recover onto left foot.
7&8 Step right to right side, Step left next to left, Turn 1/4 to left stepping back on right (face 9 O'clock)

Rock Step, Left Toe Strut, 1/2 Turn Left with Right Toe Strut, Rock Step

- 1-2 Rock back on left foot, Recover onto right foot.
3-4 Touch left toe to left side, Drop heel taking weight (arms up and snap your fingers).
5-6 Turn half turn left touching right toe to right, Drop heel taking weight (arms down and snap you fingers).
7-8 Rock back on left (prep for a turn), Recover onto right.

Full Rolling Turn Left, Step 1/2 Turn x 2

- 1-4 On ball of right turn 1/4 turn right stepping back on left, On ball of left turn 1/2 turn right stepping forward on right, On ball of right turn 1/4 turn right stepping left to the side, Touch right beside left.
ARMS: Everytime they sing "Hangin' Round The Mistletoe" keep your hands in the air and shake your fingers during the turn.
5-6 Step forward on your right foot, Turn 1/2 left.
7-8 Step forward on your right foot, Turn 1/2 left.

Hip Bumps or Mistletoe (while scrubbing you body), Jazz Box

- 1-4 Step right to right side bumping hip right, Left, Right, Left

MISTLETOE VARIATION (happens everytime they sing "Hangin' Round The Mistletoe")

- 1-4 Shake your right fingers over your head (fingers pointing downwards, pretending your fingers are a mistletoe) while you scrubbing your body sideways and up and down.
5-8 Cross your right foot over left, Step back on left, Step right to right side, Step forward on left.

HIT THE BREAKS!

There is two breaks in the song on the last 8 count of the phrase. Second and third time you are facing the 3 O'clock wall before the last 8 counts:

Stomp, Hold, Knee Pops

- 1-4 Stomp your right foot to right side, Hold for three counts.
&5&6
&7&8 Bend both knees lifting heels slightly, Straighten both legs lowering heels softly x 4
Option:
Roll right knee from inside to outside clockwise (5-6)
Roll left from inside to outside knee counter clockwise (7-8)

Repeat

Remember, this is a FUN christmas dance with good East Coast Swing feeling!