

Count In: 8 counts (start with feet shoulder width apart)

### **Knee Pops, Jump Apart, Hitch & Touch, Sweep Ball Cross**

- 1& Pop right knee lifting right heel, pop left knee lifting left heel
- 2-3 Drop both heels down, pushing hips forward, hold
- &4 Jump back slightly, stepping right to right side and left to left side
- 5&6 Hitch right, step down on right, touch left in front of right (keeping left leg straight)
- 7 Sweep left behind right (keeping left leg straight)
- &8 Step down on left, step right across left

### **Rock & Cross, Cross ¼ Turn, Right Coaster, Rock & Kick**

- 1& Rock left to left side, recover weight to right
- 2 Step left across right kicking right out to right side
- 3-4 Step right across left, turn ¼ right stepping back on left
- 5&6 Step back on right, step left next to right, step forward on right
- 7&8 Rock forward on left, recover weight to right, step left next to right kicking right forward

### **Rock Steps, Touch Right ½ Turn, Scuff Out Out, Knee Pops, Turn, Step**

- 1& Step back on right lifting left, recover/rock weight forward on left lifting right
- 2 Recover/rock weight back on right lifting left
- 3-4 Step back on left, touch right toe back
- 5 Keeping weight on left, turn ½ turn right scuffing right forward
- &6 Step right to right side, step left to left side
- &7 Pop right knee in towards left knee, pop right knee out transferring weight to right
- &8 Turn ¼ right flicking left foot back, step left next to right

### **Hip Sways, Ball Cross, ¼ Turn, Side & Cross, ¼ Turn Right, ¼ Turn Right**

- 1&2 Small step right to right side swaying hips right, then left, long step right to right side
- 3&4 Hold, step left next to right, step right across left
- 5&6 Turn ¼ right stepping back on left, step right to right side, step left across right
- 7 Turn ¼ right stepping forward on right
- 8 Turn ¼ right stepping left foot to left side

### **Touch Step, Touch Step, Touch Right Shuffle, Step ½ Turn Step, Full Turn**

- &1 Touch right next to left, step right diagonally forward right
- &2 Touch left next to right, step left diagonally forward left
- &3& Touch right next to left, step forward on right, step left next to right
- 4 Step forward on right
- 5&6 Step forward on left, pivot ½ turn right, step forward on left
- 7-8 Turn ½ left stepping back on right, turn ½ left stepping forward on left

### **Right Shuffle, Kick Turn Point, ¼ Turn, ½ Turn, Kick Out Out**

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Kick left forward, turn ¼ left stepping left to left side, point right toe to right side
- 5-6 Turn ¼ right stepping forward on right, turn ½ right stepping back on left
- 7 Kick right forward
- &8 Step right to right side, step left to left side (shoulder width apart)